



Friday November 2nd 2018
Issue 1

THE DELEGATE



29°C

Mild and
mainly cloudy

In this newspaper you get
informed about daily events,
updates, fun facts and snapshots.

WELCOME TO THE 4TH ATSMUN!!

The 4th Model United Nations conference organized by Arsakeia Tositseia Schools has just begun! The ATSMUN opening ceremony was successfully hosted at the Conference Centre of the University of Patras. The profound enthusiasm and anticipation of the upcoming negotiations, juxtapositions and trial simulations was clearly seen on the participants' faces.

The first speech was delivered by the Secretary General, Dimitrios Sakellaris. After welcoming the house, he pondered on the contradictory opinions of Karl Marx and Friedrich Hegel on the issue of history evolution and the direction of mankind. With regards to the world we are opting for, he pointed out that in the current global scene never before has a world order had to be assembled from so many different perceptions. Nor has any previous order had to combine the attributes of the historic balance-of-power systems with global democratic opinion and the exploding technology of the contemporary period. He concluded that a bottom-to-top reconstruction of the international system is the ultimate challenge to statesmanship in our time. The development of the perfected nation-state is the goal of history.

Then the floor was yielded to the Head of Arsakeio Lyceum of Patras, Mr. Petrakis, who discussed the technological advances and the rapid pace that have overwhelmed our lives, stressing out that fundamental human values and principles have faded, posing challenges for the new generation who has to build a future characterized by quality ingredients and materials. Speaking on behalf of Professor G. Mpampiniotis, he pointed out that if the materials are ephemeral and valueless, the future will be gloomy and miserable, perhaps echoing that of Huxley's heroes in his "Brave New World" book. If, on the contrary, materials are of high quality then the future will be worth-living.

Speaking on behalf of Mr. Alexopoulos, Mrs Christopoulou characterized the ATSMUN conference as a unique oppor-

tunity to sensitize and awaken the younger generation as far as international issues of paramount importance are concerned. In a similar fashion, Mrs Mpalomenu's speech (speaking for Mr Papadakis), reflected the importance of the MUN for its delegates in shaping their ideas and developing their opinions.

Our next invited speaker, Ms Felicitas Mitropoulos, Honorable Consul of Switzerland of Western Greece, pointed out that the MUN is the perfect introduction to the world of diplomacy and stressed the connection of Switzerland to the Greek diplomat, Ioannis Kapodistrias.

Once again, Mr. Stern, distinguished lawyer and ICJ coordinator, took the podium this year and amazed us with his speech on ethics and morality, and stressed that "a brave new world need morals and ethics". He discussed the motivist, the consequentialist and the deontological theories in relation to morality, punishment and reward in the brave new world.

Last but not least, Mr. Taylor, Consultant at Cambridge Assessment English Language, discussed Aldous Huxley's "Brave New World" book and its relevance to our lives. More specifically, he reflected on the evolution that humanity will face in the next 522 years to 2540 AD; it may seem scary to most people and can only be compared to our ancestors' amazement at the rapid advances of their era. Mr. Taylor talked about imminent climate changes, environmental catastrophes and the development of geo-engineering, as well as the extinction of many languages and longevity treatments the future may hold for humanity.

Dear delegates, it is our responsibility to build the brave new world we are all dreaming off. To this end, let's discuss, let's negotiate, let's agree on the viable solutions that will be beneficial for mankind!

The Press Team

"More than ever before in human history, we share a common destiny. We can master it only if we face it together. And that, my friends, is why we have the United Nations."

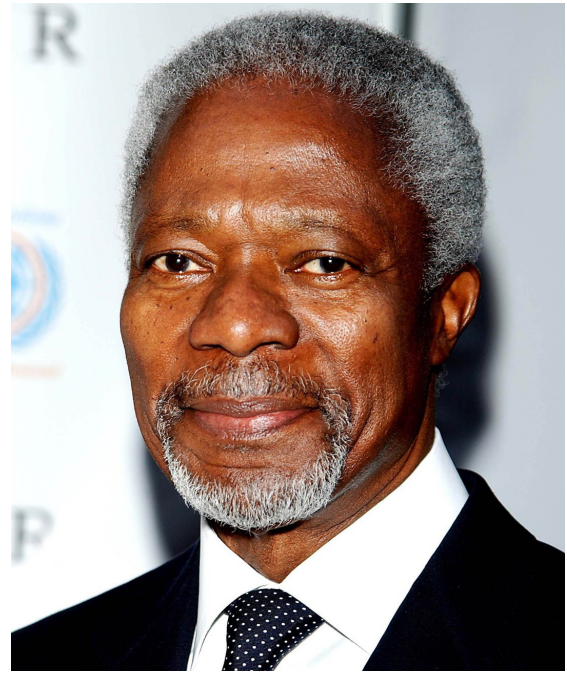
-- Kofi Annan

* "The United Nations, whose membership comprises almost all the states in the world, is founded on the principle of the equal worth of every human being."

-- Kofi Annan

The global work of the United Nations is not without reason compared to that of a family -- striving for a common goal in concert with all members for a better future.

-- Kofi Annan



How to overcome your fears as a new MUN delegate

"WHAT IF I MESS UP?"

When someone starts MUN, their biggest fear is that they are going to mess up and embarrass themselves in front of everyone. The best way to overcome this fear is to practice and prepare. Always have an idea of what you're going to say, whether you write it out or have it in your head. Practice speaking whenever you can, even if it's just in front of the mirror. But for those who being prepared just is not enough, here are some tips on how to overcome your fears as a new MUN delegate:

1. You're not the only one that is stressed. New delegates are not the only ones stressed. Meaning that older members could also be a little shy about talking in front of everyone or they might be afraid that they will be tripping over their words and humiliating themselves. So raise your placard, speak clearly, and follow parliamentary procedure!

2. Focus on one idea at a time. Over the course of a conference, your committee will discuss many different problems and solutions. Do not get confused by the vast number of things you need to talk about in a speech; instead, focus on one idea at a time. You will see that it is much easier to focus on one idea at a time and you will not only have a clear view of what you have to talk about but also this will make it **easier** and for your audience to understand you. And in the end this will help you overcome an important public speaking fear.

3. Learn the different stages of a committee. As a new MUN delegate, being in a committee may seem like a battlefield. You will soon realize that in every committee things seem to happen randomly causing you stress and uncertainty. But how can you actually overcome these fears? It is more than knowing the rules or motions – it is about knowing what to do and when to do it. Be aware of what stage the committee is at, whether it's making speeches, forming alliances, or writing resolutions. And once you realize how things work in a committee, the chaos you felt at first will be gone.

4. Write out your first speech. Always give yourself time to think and plan. Then once you have your ideas in place, write out your speech but remember to focus on one idea at a time. Once you have written your speech, check it carefully and if you wish read it out to somebody else and then ask for their opinion. In this way you have not only practiced reading your speech but you have also made sure that you have managed to get your points across.

5. What if you actually mess up? And so what? It is not going to be the end of the world. Unfortunately there's no way to absolutely prevent tripping over your words or forgetting what you want to say, but that's okay. Everyone messes up at some point. You just have to come back stronger the next time.



In the mind of a newcomer delegate

Hearing people's experiences about their participation in a MUN conference as delegates of -until then- unknown to me countries sounded very frightening, let alone my own speculative participation in such a conference. Despite my feeling of dread, I decided that it was time to try something new and intriguing so I leaped at the chance and finally I joined the rest. The next days were overwhelming: unceasing prerequisite for the topics, anxiety for my speech as a diplomat and stress in general.

When the time came for the conference to begin, every cloud in the horizon disappeared and the anxiety and stress seemed useless. The welcoming environment, the well-organized delegations with the experienced and friendly student officers, the goal-oriented and focused delegates made me feel familiar with the idea of such an important commitment. With same feelings the next days rolled by.

Eventually, MUN has grown from a 'dreadful' worldliness to one of my greatest passions. This conference has taught me new things about the world, and myself. I have learned how to stand, speak, deal with others, delegate, deliberate, lead, write read and research properly, and so many other talents I would never have learned without MUN. My first MUN conference will always stand out as my greatest achievement and the most entertaining experience I have had.

by Marilina Georgaki & Aspa Anagnostopoulou

2nd November, 2018 is... Love Your Lawyer Day

Even before Shakespeare, Lawyers have routinely gotten a bad rap. Opined as the sum of all evils, and often the subject of some very unflattering metaphors, Lawyers are the subject of some of the most well-known jokes around. That's why, for Love Your Lawyer Day, which was created in 2001 by attorney Nader Anise, ALPIA (American Lawyers Public Image Association) has start a campaign of "No Lawyer Bashing or Jokes for a day." After all, while Lawyers may have a bad reputation, it's often forgotten the good they do.

FAMOUS UNITED NATIONS QUOTES

"There are millions of people all over the world, right now, who are looking to the United Nations for protection and redress against the violation of their rights and deprivation of their freedoms."

-- [Louise Arbour](#)

"What matters is the people. We must ensure that the United Nations is supported by the people and that it reflects the will of the people."

-- [Anwarul Chowdhury](#)

"We need to use the United Nations Security Council and believe that preserving law and order in today's complex and turbulent world is one of the few ways to keep international relations from sliding into chaos. The law is still the law, and we must follow it whether we like it or not."

-[Vladimir Putin](#)

**HERE IS THE
LATEST NEWS
FROM BBC**

@ Angela Merkel to
step down in 2021

@ How many rough
sleepers are there?

@ More students seek
help for mental health

@ Spinal implant
helps three paralysed
men walk again.

The World Needs Visionary Leaders Like Kofi Annan

Today we find our core values and foundation under threat strained by the crisis of inequality; we lack visionary leadership, which is making populations nervous and is causing instability, extremism, intolerance, all exacerbating mental health, a growing phenomenon in every community. And yet, the UN — Kofi's home for over 40 years — continues to give hope to a better future leaving no one behind.

Let's reflect on three lessons that Kofi left us through today's challenges.

First, Kofi Annan taught us to stand up, not stand by. He understood the con-

nectedness of our world, and his strong moral compass guided us to focus on the needs of the most vulnerable. He understood the relationship between peace, security, and development to the point where the 2030 Agenda is the legitimate heir of these prior steps and proves today the relevance of Kofi's vision. That is how he sowed the seeds of the new human rights system, with the Rome Statute, the International Criminal Court and the Human Rights Council.

The world's problems were his problems, both because he understood the interdependency of the world, and because his strong convictions refused to

**“Kofi Annan was the United Nations — and
the United Nations was Kofi Annan.”**

-Secretary-General António Guterres

The second lesson from Kofi is: Don't shy away from big problems. Kofi took action — ambitious at that time, even when he wasn't guaranteed success. He launched the Millennium Development Goals as a catalyst for action to tackle extreme poverty; took on the fight against HIV/AIDS; opened the doors of the United Nations to partnership through the United Nations Global Compact and efforts like the United Nations Foundation.

Thirdly, Kofi taught us to be humble, resolute and accept failure as an opportunity to learn.

Kofi spent his life working for humanity. The best way we can honour him is to take up that torch that he passed — and not just talk about it, but act on it like other great leaders such as Nelson Mandela, Winnie Mandela, Aretha Franklin, Mahatma Gandhi and Martin Luther King, Jr. As he bade us farewell all too soon, may we hear his words: “I yield my place to others with an obstinate feeling, a real obstinate feeling of hope for our common future.”

A LITTLE CHAT WITH THE SECRETARY GENERAL: DIMITRIOS SAKELLARIS

Can you tell us a few things about yourself?

Well, first of all I would like to welcome all of you to this year's ATSMUN, hoping that it will meet your expectations and provide you with a not-so-hackneyed experience, but one that will stand out in your lives. Personally, I am 18 years old and I am currently on my first university year, studying Mechanical and Aeronautics Engineering. From the little that I have comprehended so far about the field I have chosen, I think the engineering faculty is a demanding, but also a very rewarding one. One can combine various fields of science and apply them to the specific needs our societal progress dictates, through the use of state-of-the-art machines. The broad variety of job opportunities in combination with an in-depth understanding of physics, mathematics and chemistry were key factors in shaping my decision. Besides my university life, I am really fond of music, especially rock and jazz, as a means of conveying more abstract, yet powerful messages. I am a big fan of cinematography, as well, which again as an art is capable of depicting harsh realities, triggering debate on social and political issues as well as providing audiences with a sense of aesthetic enjoyment, a pleasure whose importance is unfortunately overlooked nowadays for the sake of conformism and financial profit. Last but not least, over the years I have cultivated a deep appreciation for books, with literature, politics and philosophy always being the genres that I most appreciate. They are the ones that can capture one's imagination, but also can be crucial to one's development of freedom and moral code.

How has your past experience in MUN conferences helped you on a personal and professional level?

MUN dawned on me from a rather early age and acted as an incentive to embroil myself in the world of practical decision-making. It worked out to me as a new path to global discovery, if I could use that metaphor. On the one hand, the heated political, social and economic matters of today started to matter more and more to me, on the grounds that I had started to grasp how inter-connected our small world is and therefore, deliberate ignorance towards a certain issue might have devastating repercussions. On the other hand, I was trying to seek the theoretical background to my political judgement, which resulted in me familiarizing with political theories, so that I can understand the evolution of political thought and how today's crises have been the product of social relationships dating back hundreds of years ago. Thus, I strongly believe that the approach to the issues of today can only be effective as long as it is preceded by a careful examination of political theories, which can allow solid democratic arguments to be made, not ones that are based on misinterpretations, untruths and more dangerously, radical and racist perceptions. That, of course, is a time-consuming process, a personal bet for every one of you that does not opt for the easy option, but opts for the challenge.

What is your sense of duty as Secretary General?

Let there be no mistake in this, the duty of someone in charge of so many people is not the simplest task. We, as an organizing team, have come to great ends to make this conference feasible and that is why we are anxious about the final outcome and most

Nevertheless, we would not take on these duties, if we did not extract some fulfillment at the end of the day. Although it seems exhausting at times, the job of organizing such a conference is an intriguing state of affairs, in which one's physical and mental abilities are tested, but through the positive exchange of ideas with other people, you are more than rewarded esoterically.

Why should students participate in a Model United Nations conference?

If one asks you about the significance of MUN, they might as well wonder about the importance of political participation, in general. MUN is an aspect of political participation, if one takes into consideration the fact that the UN are an official organization with political sway over world affairs. Despite the fact that the capitalistic model of today's advances is surpassing every other form of traditional political engagement, transforming currency into the new symbol of world domination, one cannot abandon diplomacy and face-to-face negotiations. Through the years, they were the means with which political turmoil and warfare were averted. Balance of power was always the primary goal of diplomats and thus far, it has worked out well enough, so that the world enjoys a satisfying level of cultural progress, political stability and economical prosperity. The challenges of today's era should, at the same spirit, not come as a reason to fall into desperation. The concentrating power of multinational companies that tend to operate behind closed doors, the rise of far-right voices, which resurface the hatred and the dreadful experiences of the past as well as the tendency of the youth to political apathy, as an answer to the feeling of frustration and vanity can all be addressed via vigorous participation in the MUN conferences. If not automatically, certainly the foundations of a political change can be set.

What advice would you give to the delegates?

The message is straightforward, yet quite important. Fear of speaking is logical and usually stems from an increased sense of duty. All of us, including myself, have experienced anxiety in our effort to state our opinion in front of a large crowd. That is human nature, after all. In order to combat this uncomfortable situation, practice is the best guide to perfection. Alleviation from possible stress will only come from the reassurance that you are capable of handling the issue at hand at a satisfactory degree. Of course, I will also motivate you to go off-the-beaten track and express different from the average opinions, which showcases willingness to be active and engage with your colleagues in fruitful debates, while simultaneously staying away from the classical over-repeated arguments. Prerequisite to an effective debate is also the adherence to democratic values, as defined by the grandfathers of the UN, which do not exclude anyone from the decision-making.

Could you share one of your favourite quotes with us?

There are many favourites. One that depicts my mindset quite accurately comes from Friedrich Hegel: "The history of the world is none other than the process of the consciousness of freedom."

Another one is: "Morality is not the doctrine of how we may make ourselves happy, but how we may make ourselves worthy of happiness."

SNAPSHOT TIME!



BRAIN TEASERS

1. This thing all things devours;
Birds, beasts, trees, flowers;
Gnaws iron, bites steel;
Grinds hard stones to meal;
Slays king, ruins town,
And beats mountains down.

2. When you have me, you want to share me.
When you share me, you no longer have me.

Answers: 1. TIME 2. SECRET



SUDOKU

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