



Sunday November 4th 2018
Issue 3

THE DELEGATE

An interview with the ICJ Coordinator, Mr. Robert Stern

"We are what
we repeatedly
do. Excellence
then, is not an
act, but a habit."
-Aristotle

1) We would like to welcome you to this year's ATSMUN and we would like to ask you what - in your opinion - makes our conference special.

I think it is the people and the organization; it is very good. The people who are involved, the students, the faculty and those in charge of the schools are very good people, nice people, easy to work with. The organization is excellent, everything is nicely organized. It is a combination of student-run and the adults who are involved; and I like that. They have their own involvement, there is a necessity for that. And of course the location; I mean, look out the window, it is fantastic. I am talking to my wife who is in London and it is 4 C there and here it is 29 C. Who wouldn't want to be here? It's a very nice programme, everything is fine tuned.

2) Do you believe in Justice?

Of course, don't ask me what justice is, but of course. Fair play to everyone, equal rights to all. Too little of it in the world today.

3) What makes the ICJ unique in a MUN conference?

Well, I think it sort of speaks for itself. The procedure is different; it's very intense, students can't take their mind off the topics for even a minute, they have to be focused every day, every minute, 8 hours a day, on legal procedure. And that makes it very unique, it's a different kind of programme.

4) What are the benefits of participating in the ICJ for the delegates?

You own every skill, you have to read carefully, read for comprehension, learn how to right well, speak well, argue, debating every skill that you have developed in school is done in three days in this programme.

5) We would like your comments on this year's case. Could you predict the verdict of the trial?

I couldn't do that in front of the kids, I don't know. To be honest I've done this case several times and the decision has been different each time. Sometimes it's for the applicant, sometimes it's for the respondent, it just depends on the evidence, what evidence is presented and how persuasive they are. Predicting? I actually couldn't, it could go either way, it really depends, and that's why I like the case.

6) Which current affairs have been alarming for you?

Let's start with, where I am originally from, the US, and anything that relates to Trump is alarming. And now for thirty years I have lived in England, and Brexit, that's alarming; and unfortunately the list is ongoing. It used to be two or three things, but now it's too much. But the two major ones for me are Trump and Brexit.

7) In your opinion, what will the impact of Brexit be for the United Kingdom and for the European Union? Would you favor a second referendum for the British people?

This is my personal opinion: Brexit is a disaster. I think the English who voted for this, unfortunately it's a bit of arrogance on their part to think that they are better than twenty seven other countries. Years ago we made a commitment to be a friend of Europe and to be a part of Europe. And to withdraw that now it's shameful.

I hope there is a second referendum and I think if Brexit goes through, it's going to be a disaster for years to come. The costs, the organization, it's going to be a mess; they are going to change their mind about how things are run ten times. And I'm not sure if the people who are in charge of this right now really understand what they are doing, I have no confidence in them.

The Press Team

4th November, 2018 is ... Zero Tasking Day



HISTORY OF ZERO TASKING DAY

Daylight Savings Time was originally created to help the world keep in line with the cycles of an agrarian society. The times you worked and the times you took care of personal needs were all tied directly to the daylight hours. So it was decided that changing all the clocks at the same time on the same day would provide an additional hour of light for those who followed a more modern, clock-based schedule. For a while most of the world followed a schedule affected by Daylight Savings Time, and each year that number is dwindling.

When daylight savings time changes, we are sometimes gifted with an imaginary 'extra

hour', and zero-tasking day encourages us to take the opportunity to use that hour for personal growth, relaxation, and basically just taking care of 'me'. Especially in today's society where time is constantly marching on and we're heavily connected to everything, finding a little time to disconnect is absolutely vital to keeping ourselves physically and emotionally fit. So who's responsible for this little burst of genius? One Nancy Christie, a self-help coach and general life blogger who encourages people to really care about themselves and live the best, happiest life they can. So what better time to do all this than time that doesn't exist anywhere else?

MUN Skills That Come In Handy In Real Life

"Why are some delegates so well rounded and get accepted by most people?" some people may wonder. But what they cannot see is that the MUN skills, which delegates acquire during the MUN conferences, are of paramount importance. A MUN conference doesn't just help them be more versatile, but also prepares delegates for futuristic aims and sets them up for a prosperous life ahead.

1. Meeting New People

Imagining going into a room full of people that you don't know; chatting with the others is already stressful enough. But what would happen if you took part in a MUN conference? MUNers know how to navigate stressful social situations, because they have already been in committees of dozens of new faces, and they have come out with new groups of friends. After a MUN conference you are ready to happily meet anyone new!

2. Flexibility and Adapting to New Situations

In MUN conferences it is known that secretariats try their best to make sure that the event runs smoothly, but experienced MUN delegates know that unexpected situations may occur. "What am I supposed to do?" many people would say, but MUN conferences force you to adapt making it easier for you to be flexible and able to adapt to unanticipated situations in your life.

3. Negotiation and Compromise

During the conference MUN delegates need to negotiate either to make an amendment to a resolution or to merge with a rival bloc. These skills are very important not only during MUN conferences but also can be applied to anything from group projects, to future careers, and even to who gets the last piece of cake on the plate!

4. Stamina

Talking in front of people debating with other delegates, writing and solving problems you have never you had to, for three to four consecutive days with little breaks here and there, can prepare for everything, from studying your schoolwork to working overtime. MUN forces delegates to work on little sleep and always stay focused on the topic they have to talk about. The energy that MUNers need to remain relevant in a committee is beyond comparison to almost any other activity.

5. Courage

Even though no one wants to admit it, most delegates come to conferences with a mission: to get the gavel, as much as their advisors say that the MUN conference is all about making and meeting new friends or about the "experience". They think that they have the award already at their disposal only to get flattened with disappointment when closing ceremonies rolls around. But they never give up. Not getting an almost given award, delegates get stirred up even more to go to the next conference and excel. The courage that delegates have in order to come back and improve their skills instead of giving up, make their future more bright and thriving that they would have ever imagined.

by Konstantinos Stasinopoulos

HERE IS THE LATEST NEWS FROM BBC

@ Google staff walk
out over women's
treatment

@ Climate change:
Oceans 'soaking up
more heat than esti-
mated'

@ Brexit "fraying" UK
-Irish relationship

@ US attacks UK plan
for digital services tax



How MUN Prepares You for Job Interviews

Why attending a MUN conference is important for your future and to be more specific for job interviews?

Well, to begin with, through the dedicated research you have to do in order to write the resolutions for your committees, you learn how to do research on a specific topic. So, when you prepare for an interview, you can confidently use certain tools such as Vault, CareerSearch or The Riley Guide for an overview of the organization and its industry profile. In addition to that, you have to review trade or business publications and seek perspective.

Furthermore, during a MUN conference you have to deliver a speech. Once you commence your speech, you also need to be able to keep your audience interested in what you are talking about and the points you are raising all the way through until the end. The question is: how can I do this successfully? That's exactly what the MUN delegates need to learn and practice and then apply it to their speech either during the conference or in a job interview setting thereafter.

In addition to preparing a speech, students have to prepare for certain questions asked by other delegates and they have to be ready to respond quickly and precisely. This way, when they get the chance in the future to have an interview for a job, they will be prepared to answer any question asked. In addition to that, delegates will acquire the ability to read and interpret facial expressions and then take those into consideration when speaking. This is a skill that is mostly practiced at the International Court of Justice (ICJ).

Moreover, through the MUN conferences students will learn to control and eliminate the stress they may have when they need to talk and present their arguments in front of an audience. This is actually an important skill to have for your life, since you will need it both at university and in finding a job. Presenting your work is important and knowing the correct way to do it is always a benefit.

FAMOUS UNITED NATIONS QUOTES

“I have a dream to make this world a better place to live for our unborn generations and that dream will come true through silent revolution - the revolution of positive actions and positive deliberations. Be a part of that revolution.”

– Amit Ray, [Peace on the Earth A Nuclear Weapons Free World](#)

“Choose a job you love, and you will never work a day in your life.”

- [Confucius](#)

“I never loose. I either win or learn.”

- [Nelson Mandela](#)



POETRY CORNER

Life

Life is like circle
In the universe
Like sun
In the darkness
Everyone has to respect it.
Not killing just for fun.
God makes us
To love each other
To make anything we want
And succeed
Every day is a test
From God
And we have to pass it
To continue our Life.

Games

Games
The first thing a kid thinks of
Games
A word known to everyone
Games
A word that lights up every face
Games
Bring happiness in every home
Games
Never get old
Games
Make time fly away
And
You
Do
Not
Even
Realise
It
Games.

YOUR DEDICATED PRESS TEAM!

The issue you are holding and enjoy reading would not have come into life if it



had not been for the superb press team. We all worked hard throughout the conference and did our best by taking photos, interviewing people and writing articles. We hope our efforts were fruitful and kept you all well entertained!!!

The Press Team consists of the following students:

Maria Androutseli, Eirini Athanasopoulou,, Dimitris Fallidas, Evdokia Georgopoulou, Roubini Ivanova, Georgios Meimaris, Areti Moraiti, Theano Parisi, Vasileios Porevopoulos, Danai Pylarinou, Konstantinos Raptis, Nikolaos Sofopoulos, Konstantinos Stasinopoulos, Efstathia Tsilira and their MUN Advisor Georgia Panitsa

MEET THE ORGANISING TEAM!

Ellie Apostolopoulou: We have the chance to negotiate about crucial issues that our world is facing. At the same time, I create strong friendships with students from all over the world.

Advice to MUNers: Don't hesitate to express your opinion, take the floor and let the others admire you.

Marilia Mageiropoulou: It was a unique experience for me. It was the first time I had the chance to help with the organization of the MUN. There were a lot of responsibilities but the experience and the skills that I gained were really useful.

Advice to MUNers: Debate with real passion but also diplomacy. Don't be shy, have fun and be yourself!

Diamantenia Panagiotopoulou: Being a member of the organizing team was a great experience. Although the past two weeks were exhausting, I don't regret it.

Advice to MUNers: Always be yourself and support your ideas right or wrong.

Dionysia Sideri: This was my first time as a member of the organizing team and it

was a challenging one. We had to deal with a lot of issues, but these are the responsibilities we would happily undertake in the first place.

Advice to MUNers: Be always prepared and don't be afraid to express your opinion any time. Enjoy the rest of the conference.

Konstadinos Goumas: My experience was exquisite, I am proud of my work as a Judge and as a member of the organizing team.

Advice to MUNers: Don't be afraid to raise your placard, every choice you make is another step to your success!

Maria Liatsikou: It was my first time in the organizing team! Although we had responsibilities, it was an unforgettable experience that I urge you all to have.

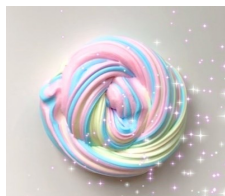
Advice to MUNers: Follow your dreams, be prepared and take MUN as a first small step in order to reach your destination.

Resolutions We Could All Use in

Everyday Life

Resolution SLIME (Specifications Limiting Irksome Malleable Elements)

Oh well, there are the slimes. We've seen them all over social media. They've had their moment of fame, but now it's gotten old. Some people have started paying large sums of money for nothing but colored goo. I think it's time for a resolution to officially get rid of this trend.



Resolution DAB (Dissolving Absurd Body language)

This is possibly the most needed resolution of our time. Dabbing is the most annoying way of celebrating. It is almost 2019, yet people are doing it. Please, let's all agree to get rid of dabbing forever.



Resolution SPIN (Spinner Products Indefinitely Negated)

A resolution to ban and get rid of fidget spinners completely. Honestly, they are more of a distraction than anything. They were fun for maybe two weeks, and then they became outmoded. It's time to say goodbye, fidget spinners.



Resolution to stop using plastic water bottles

Although plastic is a useful product, unfortunately many of these products are created for single use, with an estimated 50 per cent of plastic used only once and thrown away. Not only is this harmful for the environment and the oceans, but it is also harmful for wildlife, as it impacts nearly 700 species in the

ocean, and humans. In December 2017 Britain joined the other UN countries and signed up to a resolution to help eliminate marine litter and microplastics in the sea. It is estimated that about eight million metric tons of plastic find their way into the world's oceans every year. Once in the Ocean, plastic can take hundreds of years to degrade, all the while breaking down into smaller and smaller 'microplastics,' which can be consumed by marine animals, and find their way into the human food chain. It is crucial this issue is treated effectively.

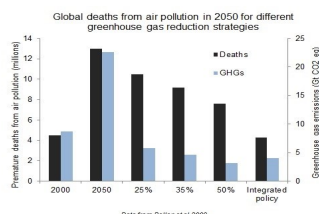
Resolution to Drink more Water

Water keeps your body hydrated during the day, a fact that is important because it has a beneficial effect in brain function. Studies have shown that dehydration can impair the memory, the mood and the brain performance such as our cognitive abilities and skills. Water also promotes cardiovascular health. Dehydration lowers your blood volume, so your heart must work harder to pump the reduced amount of blood and get enough oxygen to your cells, which makes everyday activities like walking up stairs—as well as exercise—more difficult. Let's all drink more water!



Resolution to use our Bikes more often

Whether it is to boost your fitness, health or bank balance, or as an environmental choice, taking up bicycle riding could be one of the best decisions you ever make. This will not only save the planet, but at the same time will save you the money you would have needed for your daily transportation. Cycling just 20 miles a week also reduces your risk of heart disease to less than half than of those who are not exercising at all.



POETRY CORNER

Attention

Her fingers flied through the violin,

a magical melody,

freedom grew from her way of expression,

but no one paid attention.

The pointless lives of those people,

they can't see in front of their eyes!

She finished her concert.

No one clapped,

because

no

one

paid

attention.

The human knows

Like the tree that grows

In the deep forest

The human knows

How important it is for him

To grow his own self-esteem.

The human knows

It's hard

But he has to understand

That he has to do it for those

That he truly owns.

by *Dionisia Sideri*

munjokes

#

Chair: "Access to water is a human right."

Delegate raises empty cup:
"point of personal privilege:
"water please?"



What is the daily recommended dose of paracetamol for ATSMUN ICJ delegates??

The bags under my eyes are present and voting.



"Do you want to have an international affair?"

This resolution is like a piece of cheese: it's full of holes.



INTRODUCING THE 4TH ATSMUN

COMMITTEES (PART II)

SOCHUM

The Social Cultural and Humanitarian Committee is all about the protection of human rights, the advancement of women, the protection of children, indigenous issues, the treatment of refugees, the promotion of fundamental freedoms through the elimination of racism and racial discrimination, and the right to self-determination. In the 4th ATSMUN this committee is going to discuss three intriguing issues, the question of human rights violations in the Philippines, the humanitarian crisis in Yemen and lastly the discrimination against LGBT communities in the Russian Federation.

DISEC

In this committee, delegates will have the opportunity to deal with subjects such as the Disarmament of Weapons on an international level and will work together to find a solution that will lead to world peace. This year the DiSec committee specializes in assessing and minimizing the risks of cyber attacks against States which involves the security of world citizens and the resurgence of the Taliban in Afghanistan and their consequences in the last decade. Finally, the last issue that will be discussed in this committee is reviewing the implementation of the Iran Nuclear Deal and whether it imposes a threat to a human society.

UNEP

The United Nations Environment Programme (UNEP) is a body of the UN which was founded in 1972 and is in charge of environmental actions and helps developing countries adopt proper policies. Delegates in these committees discuss various different issues. This year's first topic is about promoting a sustainable waste disposal management system in developing countries. Also, the insurance environmental protection within the tourism industry is one of the most essential issues in this committee. Last but not least, the final issue is the gender equality and women's empowerment in sustainable development.



HUMANS OF ATSMUN



Ioanna Flessa

Favourite Quote: Just because you breath doesn't mean you are alive.

Advice to delegates: Don't be afraid to express you're your opinions, everyone has a say when it comes to democracy. Just be prepared and everything will be fine.

Role model: Prime Minister of New Zealand Jacinda Ardern.

A person I would like to spend the day with: I would like to spend the day with the famous author Holly Bourne.

Daphne Farmaki

Favourite Quote: One must imagine Sisyphus happy-Albert Camus

Advice to delegates: You should always believe in yourself and appear confident, even if that makes you seem arrogant. Be hard working and concentrated and always stay passionate making unique and not usual speeches. Inform yourself about international relations and recent events and stay open to new ideas and suggestions. Try to always be on point and not propose superficial and general measures that everyone could think of.

Role Model: Amal Alamuddin and members of my family and friend circle.

A person I would like to spend the day with: Leon Trotsky and Jean-Paul Satre



Dionysis Fotopoulos

Favourite Quote: If mankind wasn't striving to repeatedly to fulfil the unfeasible, it wouldn't be able to reach the attainable-Max Weber.

Advice to delegates: Be productive, read a lot and think about the future

Role model: Max Weber – German sociologist

A person I would like to spend the day with: Manuel Macron

Stefanos Kerkoulas

Favourite Quote: If I cannot do great things, I can do small things in a great way-Martin Luther King Jr.

Advice to delegates: Do not feel pressured or be upset about using English language incorrectly but try to take a crucial insight into how this multifaceted organisation functioned.

Role model: Margaret Thatcher, as a political influencer

A person I would like to spend the day with: Hillary Clinton



Chris Mavroeidis

Favourite Quote: It always seems impossible until it's done.

Advice to delegates: Don't be afraid to speak up yourself. Be the change you want to see in the world.

Role model: Neil Armstrong

A person I would like to spend the day with: Socrates

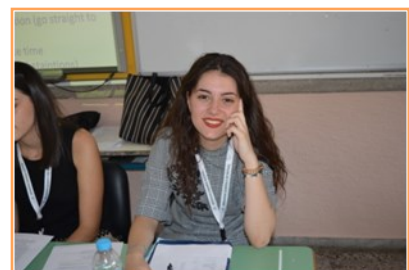
Maria Kontalexi

Favourite Quote: It's a good day to have a good day if you want a good day

Advice to delegates: Don't be afraid to be revolutionary, basic is boring

Role model: Malala Yousafzai

A person I would like to spend the day with: Hitler



SNAPSHOT TIME!

COMMITTEES IN CRISIS!!

African Union:

Osama Bin Laden returns as a zombie and with the help of the Swaziland leader tries to destroy the world! Find a way to stop him.

Ecosoc:

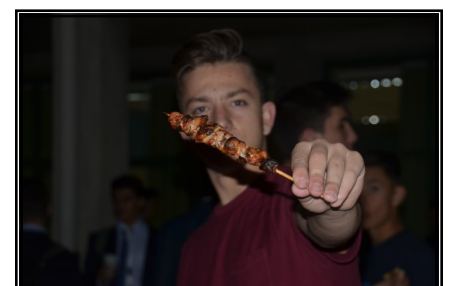
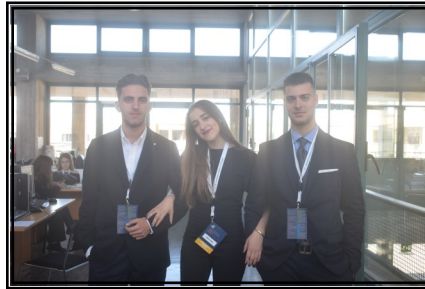
The legalization of death penalty in the UN.

UNEP:

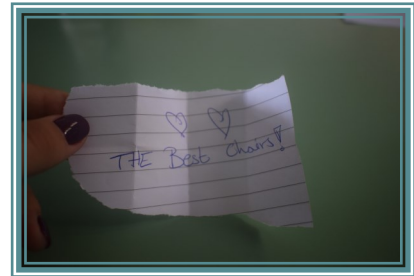
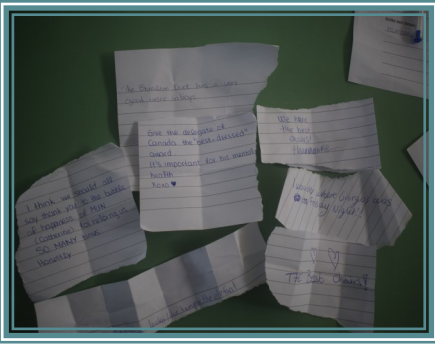
Documents have been uploaded by anonymous that prove that USA has been spraying a very dangerous chemical in various states worldwide which is very beneficial for the environment but also enhances the chances of people being a number of the LGBT community.

Security Council:

The POTUS, Donald J. Trump, has decided that, effective immediately, through an invasion on all involved countries, a wall is to be built in order to segregate the Kurds. Within some pirated plans of the walled-in-area, giant chimneys can be discerned. (reminiscent of those in Auschwitz)



SNAPSHOT TIME!



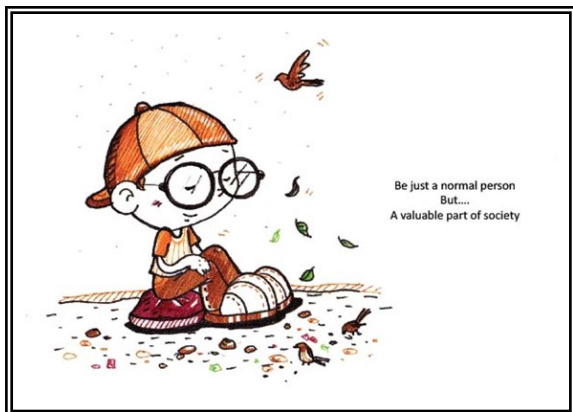
BRAIN TEASERS

1) I have forests but no trees.
I have lakes but no water.
I have roads but no cars.
What Am I?

2) When I'm first said,
I'm quite mysterious,
But when I'm explained,
I'm nothing serious.
What am I?

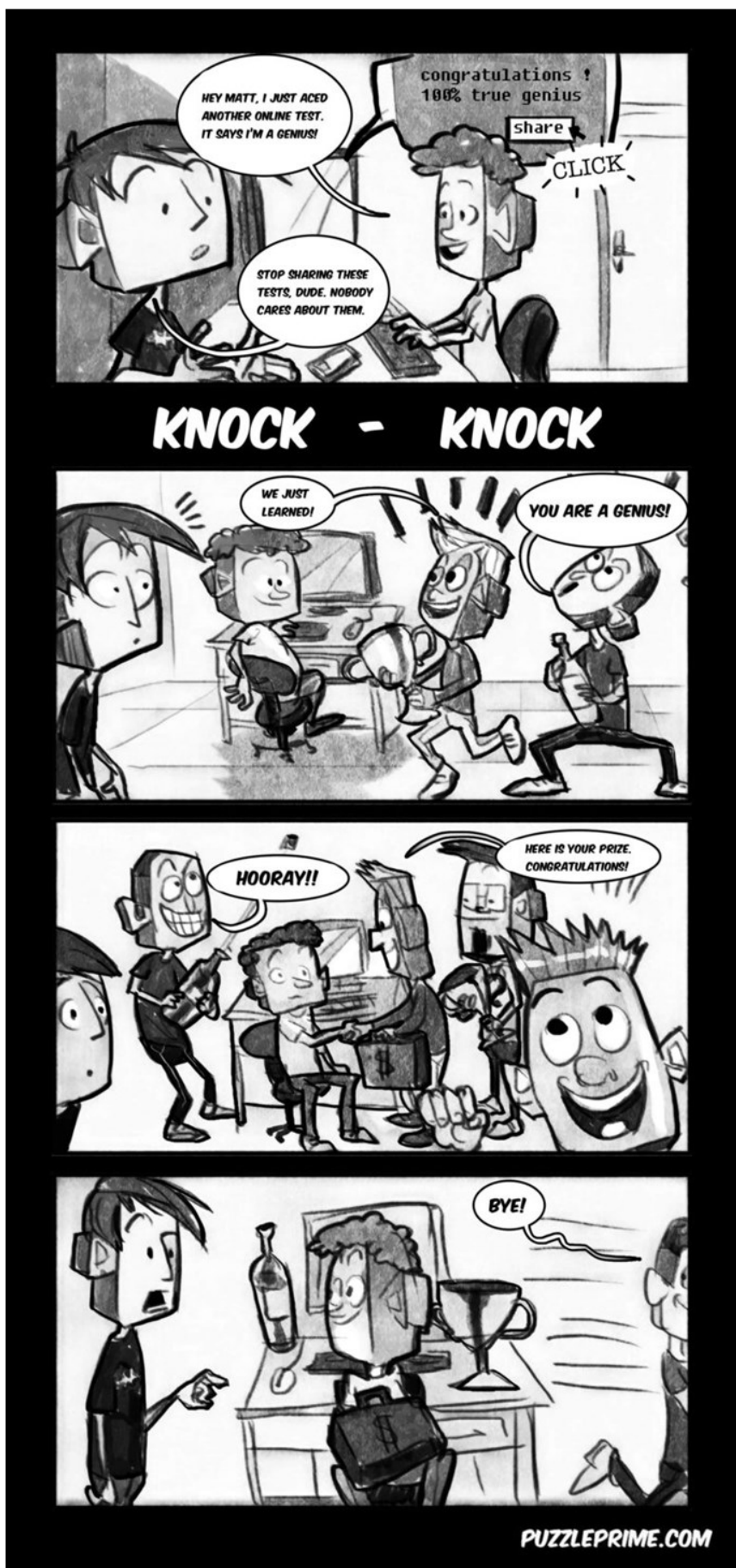
SUDOKU

1			2				4	
	2				3	9		
9		7				5		
		4					5	7
			5	4	1			
3	5					1		
		3				7		9
		1	4				8	
	9			2				6



Answers: (1) I am a Map (2) I am a Riddle

See you all next year!!



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